



SPORTS HANDBOOK

2018-2019

INTRODUCTION

Athletics can teach young people many lessons that can help them in their Christian lives. It is the goal of Wake Christian Academy that its students exemplify Christ-likeness in everything they do. The purpose of this handbook is to provide a way to maintain consistency through our athletic program and to set forth the standards by which we expect our athletes to adhere.

We require that parents as well as athletes take time to read this handbook so you can properly support the school and help your young person. Thanks for your support.

Randy Johnson, Athletic Director
Larry Hoxie, Middle School Principal
Wayne Helder, High School Principal
Mike Woods, Head of School

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WAKE CHRISTIAN ACADEMY

PHILOSOPHY OF ATHLETICS

What? Know ye not that your body is the temple of the Holy Ghost which is in you, which we have of God, and ye are not your own? For ye are bought with a price; therefore glorify God in your body, and in your spirit, which are God's. I Corinthians 6:19-20.

Since we are not our own and since our bodies belong to God, we must keep the body in subjection to the new nature that we have in Christ. Physical education and extracurricular sports have a place in the Christian School, just as mental education and spiritual instruction have their respective places. Yet we will not place the training of the body above the academic and spiritual training.

All students will follow the sports guidelines of WCA. All parents are expected to support the standards and goal of WCA for the overall student body and Christian school ministry. Parents must keep the long-range goals foremost in mind when decisions and policies must be made that limit or eliminate student participation in sports.

The prevailing attitude among all those connected with the sports program at WCA should be - **I want Christ to be seen in my life.** Such an attitude will mold and shape Christian character from the inside to the outside. The following guidelines are designed to make the sports program profitable for each participant:

1. **Obedience** - Do what your coaches and others whom God has put in authority over you tell you to do with a good attitude. If you have a question, do not be afraid to ask for clarification.
2. **Diligence** - Use all your strength and ability to complete each part of your task, whether it be cleaning up, doing drills, conditioning, competing in a game, or any other activity.
3. **Responsibility** - Do everything that is expected of you, whether being directly supervised or not.
4. **Determination** - Make up your mind to accomplish all of God's goals in His time, regardless of the opposition.
5. **Confidence** - Remember, as you give totally all you have to Jesus, you become a winner in God's sight.
6. **Intensity** - Give a "total release" performance at all times, focusing your attention on the job at hand, putting forth every effort to complete it perfectly.
7. **Perseverance** - Always do your best and try to win, as this is the object of competition. If you have done your best, there is nothing to regret.

SPORTS PROGRAM OFFERINGS FOR 2018-19

BOYS

FALL SEASON

Middle School Soccer (Grades 6-8)
Junior Varsity Football (Grades 7-9)
Junior Varsity Soccer (Grades 9-11)
Varsity Cross-Country (Grades 6-12)
Varsity Football (Grades 9-12)
Varsity Soccer (Grades 9-12)

WINTER SEASON

Middle School Basketball (Grades 6-8)
Junior Varsity Basketball (Grades 9-11)
Varsity Basketball (Grades 9-12)
Varsity Swimming (Grades 7-12)

SPRING SEASON

Middle School Baseball (Grades 6-8)
Middle School Tennis (Grades 6-8)
Varsity Baseball (Grades 9-12)
Varsity Golf (Grades 6-12)
Varsity Tennis (Grades 9-12)
Varsity Track (Grades 7-12)

GIRLS

Middle School Volleyball (Grades 6-8)
Junior Varsity Cheerleading (Grades 7-9)
Junior Varsity Volleyball (Grades 9-11)
Varsity Cheerleading (Grades 9-12)
Varsity Volleyball (Grades 9-12)
Varsity Cross-Country (Grades 6-12)
Varsity Tennis (Grades 6-12)

Middle School Cheerleading (Grades 6-8)
Middle School Basketball (Grades 6-8)
Junior Varsity Basketball (Grades 9-11)
Varsity Cheerleading (Grades 9-12)
Varsity Basketball (Grades 9-12)
Varsity Swimming (Grades 7-12)

Middle School Softball (Grades 6-8)
Middle School Soccer (Grades 6-8)
Varsity Softball (Grades 9-12)
Varsity Soccer (Grades 9-12)
Varsity Track (Grades 7-12)

NOTE: All students are required to play on the team that matches their grade level if one is offered. Adjustments to sports offerings and grade requirements may be made at discretion of Administration if participation numbers warrant.

A WORD TO OUR FANS AND SPECTATORS

WCA students are all aware of the standards set forth by the school, but oftentimes are unaware of what we expect from our spectators. Therefore, we have listed a few things to keep in mind when one attends a WCA athletic event:

1. Do not criticize. Fans sometimes feel that they are able to do it better, but that is not their job. Support the players and coaches; **build them up -- don't tear them down!**
2. Comments to officials and opposing teams should be positive.
3. Realize that the word Christian means "Christ-like." We as Christians are always testimonies, whether good or bad. WCA wants to portray a good testimony always, **but especially to the public and private schools we compete against!**
4. LONG AFTER THE SCORE IS FORGOTTEN, OUR BEHAVIOR AND REPUTATION IS REMEMBERED.

THANKS FOR YOUR HELP

I. SPECIAL REQUIREMENTS AND FEES

- A. Each athlete must have a current physical form (exam within 12 months) on file with the school nurse before being allowed to participate in try-outs, practices or games. Each athlete must also complete the Sports Medical Packet prior to participation in athletic activities. The physical form along with the others can be found online or at the main office.
- B. Anyone interested in trying out for a team must be at the first practice of the season. The coach or athletic office must be notified ahead of time if he/she is going to miss the first practice for an excusable reason (illness, death in family, etc.).
- C. All students who participate in athletics will be charged an athletic participation fee. The athletic participation fees are used to assist the school in paying transportation costs, game officials' fees, coaches' salaries, awards, uniforms and protective equipment, and medical supplies. The purpose for this fee is to reduce the amount of money used from the general tuition to cover athletic expenses.
- D. Athletic fees are expected to be paid by the date given on the athletic fees notice of that particular sport. Failure to do so may result in a loss of participation privileges. In the event of a financial difficulty, contact the athletic director to discuss other arrangements. Participation fees from one sports season must be paid before a student will be allowed to play the next sport.

II. GAME AND PRACTICE ATTENDANCE REQUIREMENTS

- A. Once you have joined a team, you have committed yourself to that team until the last game is completed.
- B. Players must be at every practice or game unless excused for one of the following reasons:
 - doctor or dental appointment
 - personal sickness
 - death in the family
 - previously scheduled church commitment
- C. WCA is supportive of the many local churches whose members make up our student body. We would never schedule a game on Wednesday or a practice or game on Sunday that would interfere with a regularly scheduled worship service. We try to schedule as few Saturday events as possible. We encourage our families to be actively involved in the local church. However, any athlete who misses a practice or game may have to make up practice activities and face the team's policy for reduction in playing time. This is not meant as punishment for an excusable absence, but a reward and incentive to those team members who were present. A team member who must miss a practice or game may return to their former status as soon as they have fulfilled the team's policy for absences.
- D. Each coach will announce their discipline procedure for missed practices or games. Multiple unexcused absences may result in dismissal from the team.

- E. All athletes must be on time to practices and games. Coaches will announce their discipline procedures for tardiness.

III. ATHLETE'S CODE OF CONDUCT

- A. Every athlete is expected to maintain a good Christian testimony. At any time, an athlete not maintaining a Christian testimony on or off the field or in the classroom may be suspended or dismissed from the team.
- B. An athlete who receives a detention that forces him to miss practice must serve that detention. Coaches will discipline players who are late or miss practice for detentions.
- C. Athletes are expected to be examples of good conduct to other students. In that regard, after an athlete receives a suspension from school, the student will be suspended from his/her team for the next game. Further action will be at the discretion of the principal and or athletic director.
- D. A suspended athlete may participate in tryouts for a team, but may not actively participate in games until he/she has served a probationary period.
- E. The use of profanity will not be tolerated. The use of profanity on or off the field may result in at least a one-game suspension.
- F. Fighting during athletic events will result in at least a five-day suspension from game play. More severe discipline action may be enacted depending upon the circumstances.
- G. Athletes are to be good representatives of Christ and Wake Christian Academy. Failure to do so may result in suspension or dismissal from the team.
- H. Wake Christian Academy does not condone and will not tolerate "hazing" or "initiations" of athletes by other athletes. Any such actions will result in suspension and/or dismissal from the athletic team. Students involved in these activities will also be subject to school discipline.
- I. Any athlete or coach that is ejected from a game will be suspended for the next game. If the athlete or coach receives a second ejection, he/she will be suspended for two games. A third ejection will result in dismissal from the team and forfeiture of athletic privileges for remainder of school year.

IV. RULES FOR ELIGIBILITY FOR PARTICIPATION IN PRACTICES AND GAMES

- A. All those involved in the athletic program must be in school by 11:00 am each day in order to participate in a practice or game scheduled for that day. The only exceptions would be a previously scheduled doctor or dental appointments.

- B. No students will be added to a team's roster after 25% of its regular season games have been completed.
- C. Athletic eligibility requirements: In order to try-out or play, each athlete or manager must have at least a 2.0 GPA and no more than one "F" during a semester to be eligible to play in the following semester. If the athlete does not meet the athletic eligibility requirements, they will not be allowed to play for the next semester. However; if the athlete passes the athletic eligibility requirements, they are cleared to play for that semester.
- D. Athletic eligibility for each sport will be determined by the grades from the previous semester. Interim progress reports and report cards will not be used to determine athletic eligibility, but will be used to monitor student's progress. (EXAMPLE: In order to play volleyball, football, soccer, cross-country or fall cheerleading, an athlete must pass the athletic eligibility requirements with the spring semester's grades from the previous year. Spring sports will use the fall semester's grades. Since winter sports overlap the two semesters, spring semester grades will be checked to determine if students are eligible to participate. If you are not eligible to play, you may try-out for the team and be placed on probation until the fall semester ends. While on probation, you will not be allowed to play in games and will not be allowed to travel with the team. When the fall semester ends, the athlete's grades will be checked to see if their grades meet the eligibility requirements. If so, the student will be allowed to participate in games. If the grades do not meet the requirements, the student will be removed from the team).
- E. The coach, athletic director, and principal reserve the right to place an athlete on probation during the season for consistently failing to meet minimum academic standards based on progress reports and nine weeks report cards. The length of the probation period will be at the discretion of the principal and the athletic director.
- F. An athlete must abide by the following guidelines if placed on a probationary period:
 - 1. Before being reinstated to a team, an athlete on academic probation must obtain a grade verification form from the athletic director. The athlete is to carry this form around to his/her teachers and have the teacher fill-in grades and sign. The athlete is to acquire grade at the teacher's convenience. After all grades have been received, the athlete is to turn form into the athletic director for evaluation. If the proper improvements have been made, the athlete may return to the team at that time.
 - 2. An athlete on probation can **practice, but will not be allowed to dress out** for a game with the team while on probation. The athlete can travel with the team to an away game while on probation so long as no school time is missed. If an athlete travels on his/her own to an away game while on probation, he/she is to sit on the team bench in school attire.
 - 3. An athlete on probation is to attend all **HOME** games during his/her probationary period and sit on the team bench in school attire.
 - 4. These guidelines also apply to managers, statisticians, and scorekeepers.
 - 5. **Any violation of the probation guidelines may result in dismissal or suspension from the team.**

V. ATHLETE’S DRESS REQUIREMENTS

- A. If shorts are worn to practice, athletes are to wear shorts that are at least fingertip in length when arms are hanging by side. It is preferred that shorts are to be worn to the top of the knee. Otherwise, the athlete must wear sweat pants or warm-up pants. Spandex or yoga pants are not allowed. The athlete will not be allowed to practice if they are not abiding by the dress code.
- B. Athletes are not to enter a public place on road trips in shorts unless the shorts are a part of the game uniform.
- C. All athletes must meet the school dress code for modest dress at practice.
- D. Athletes are not to be in any of the academic buildings for an **extended amount** of time while wearing shorts.
- E. The following chart summarizes dress code requirements for game days:

To School on Home Games	To School on Away Games	To & From Away games
Regular school attire or jersey of uniform can be worn if it meets school dress code. For boys, a collared shirt must be worn under jersey.	Regular school attire, travel shirt, or shirt & tie with dress or Dockers-style pants can be worn as directed by the coach. No jeans are allowed.	Regular school attire, travel shirt, or shirt & tie with dress or Dockers-style pants can be worn as directed by the coach OR uniforms can be worn if team is dressing at WCA prior to departure.

****NOTE: THESE GUIDELINES APPLY TO ALL PLAYERS, MANAGERS, STATISTICIANS AND SCOREKEEPERS ASSOCIATED WITH EACH TEAM.****

VI. QUITTING

- Character is not built by quitting. Trying times are not times to quit trying.
- A student may drop off the team anytime before the first game without penalty. After that period of time **no student may quit the team without penalty**. There should be a strong sense of belonging to the team even when personal injuries would restrict the individual’s participation in practices and games. An injured player is expected to be at all practices and games as if he/she were healthy.
- **Any athlete who quits a team will be placed on probation for remainder of tenure at Wake Christian Academy. If the athlete were to quit a team while on probation, the athlete would forfeit participation privileges while attending Wake Christian Academy.**

- An athlete who leaves the team while on academic probation and does not return will be deemed to have quit.
- An athlete who quits will be removed from the team roster and forfeit any post-season rewards such as team pictures, letters, awards, etc.
- Exceptions to this rule would be for family hardships, severe injury, or serious academic problems. The athletic director and the principal will decide any exceptions.

VII. TRANSPORTATION

- A. This policy applies to all off campus school activities, field trips, classes, or other functions when the school provides transportation. It does not apply to activities for which the school does not provide transportation.
- B. For activities for which one vehicle will accommodate all team members, they will be transported in either a school-owned or school-rented vehicle or in a privately-owned vehicle. If more than one vehicle is necessary to accommodate the team members, they will be transported only on school-owned or school-rented vehicles. Any vehicle transporting team members, with the exception of public transportation, must have enough seat belts to accommodate all riders. The vehicle must be driven by a school staff person or by an approved adult at least 25 years old. For an adult other than a professional bus driver to be approved as a driver, he/she must provide the school with a copy of his/her motor vehicle record from the North Carolina Division of Motor Vehicles, complete a volunteer form and be approved through the WCA driver pre-screening process. **Drivers of vehicles with a capacity greater than 15 must have a CDL with an S endorsement.**
- C. **All approved WCA drivers driving a WCA vehicle are required to follow WCA restrictions, they are:**
 - a. **No cell phone use (except in cases of emergency)**
 - b. **Drive at posted speed limits (adjusting to weather conditions)**
 - c. **No turn on red**
 - d. **Seat belts—it is the “driver’s” responsibility that every passenger including the driver wears a seat belt.**
- D. When transportation to away games is provided by the school, all team members, cheerleaders, managers, statisticians, and scorekeepers must travel to the game on the school bus or van.
- E. A team member who will be transported to or away from any function in a privately owned vehicle driven by anyone other than the parent or guardian must provide the school with the WCA form (Parental Consent for Non-WCA Transportation found on the WCA website) signed by the parent or legal guardian authorizing the student to ride with that driver.
- F. At the discretion of the administration, a team member living in the vicinity of an off-campus function may be allowed to drive to the function if the school is provided with written approval from the team member’s parent or legal guardian. No team member or student other than a member of the team member’s immediate family will be allowed to ride with the team member.

- G. At the discretion of the administration, a team member may be allowed to ride to or from an activity with the team member's parents, legal guardian, or with an approved driver. In all instances, caravanning will be avoided!
- H. No team member will be permitted to drive off campus except when school is officially dismissed for the team member, or for some other purpose specified in this handbook, unless the school has been provided with written approval signed by the team member's parent or legal guardian and the parent has been notified by phone.
- I. An athletic transportation fee is calculated into the athletic participation fee for each season for all regular season away games for which the school will provide the transportation. However, transportation fees for any possible tournament or play-off games may be collected at that time.

VIII. UNIFORMS AND EQUIPMENT

- A. Any uniforms or equipment issued to an athlete are the athlete's responsibility to return in good shape.
- B. Lost or damaged uniforms and/or equipment will be charged to the athlete.
- C. Game uniforms are only to be worn for games or game day activities, not practices or other functions.
- D. **All uniforms and equipment must be returned to the coach within one week after the last game of the season.**
- E. Any athlete who does not return uniforms and/or equipment will have his/her report card held and costs for replacement charged to his/her school bill. An athlete will not be allowed to participate in another sport until all overdue uniforms, equipment, and fees have been turned in.

IX. LETTERMEN AWARDS

- A. The school will have an athletic awards assembly at the conclusion of each of the sports seasons. All teams (Middle School, Junior Varsity, and Varsity) that participated in that particular season will be recognized at the awards assembly for that season. All team members should make every effort to attend awards assembly.
- B. **Middle School** athletes will be recognized for their efforts according to the following guidelines:
 - 1. To earn a Middle School letter, an athlete must appear in at least half the periods for that sport. Only one letter will be given per person regardless of the number of sports played.
 - 2. First year Middle School lettermen will receive their letter (if applicable) and a pin

for that sport lettered along with a certificate for that sport.

3. Second year Middle School lettermen will receive a service bar for that sport lettered along with a certificate for that sport.
4. Third year Middle School lettermen will receive a service bar for that sport lettered along with a trophy for that sport.
5. Athletes who do not letter will receive a participation certificate for that sport.
6. Managers, statisticians, and scorekeepers will receive pins and service bars each season according to the above guidelines.
7. Captains will receive a captain's pin for the first year of service and a service bar for each subsequent year of service.

C. **Junior Varsity** athletes will be recognized for their efforts according to the following guidelines:

1. To earn a Junior Varsity letter, an athlete must appear in at least one-fourth of the periods for that sport. Only one letter will be given per person regardless of the number of sports played.
2. First year Junior Varsity lettermen will receive their letter (if applicable) and a pin for that sport lettered along with a certificate for that sport.
3. Second year Junior Varsity lettermen will receive a service bar for that sport lettered along with a certificate for that sport.
4. Third year Junior Varsity lettermen will receive a service bar for that sport lettered along with a trophy for that sport.
5. Athletes who do not letter will receive a participation certificate for that sport.
6. Managers, statisticians, and scorekeepers will receive pins and service bars each season according to the above guidelines.
7. Captains will receive a captain's pin for the first year of service and a service bar for each subsequent year of service.

D. **Varsity** athletes will be recognized for their efforts according to the following guidelines:

1. To earn a Varsity letter, an athlete must appear in at least one-half of the periods for that sport. Only one letter will be given per person regardless of the number of sports played.
2. First year Varsity lettermen will receive their letter (if applicable) and a pin for that sport lettered along with a certificate for that sport.
3. Second year Varsity lettermen will receive a service bar for that sport lettered along with a certificate for that sport.
4. Third year Varsity lettermen will receive a service bar for that sport lettered along

with a plaque for that sport.

5. Fourth year Varsity lettermen will receive a service bar for that sport lettered along with a trophy for that sport.
6. Athletes who do not letter will receive a participation certificate for that sport.
7. Managers, statisticians, and scorekeepers will receive pins and service bars each season according to the above guidelines.
8. Captains will receive a captain's pin for the first year of service and a service bar for each subsequent year of service.

X. SPECIAL AWARDS

- A. Only athletes who **finish** the season still on the team roster will be recognized at the awards ceremony.
- B. Middle School teams will award two to three individual trophies for each sport. Junior Varsity and Varsity teams will award three to four individual trophies for each sport. The coach for each particular sport will determine the categories.
- C. An athlete who is placed on academic or behavioral probation at any point during that season will not be eligible for an individual award in that sport.
- D. At the Senior Awards Chapel, the following special awards will be given as selected by the administration, teachers, and coaches:
 - **Christian Leadership Award** -- given to a senior boy and girl athlete who best exemplifies Christ-likeness both on and off the field.
 - **High Scholarship Award** -- given to the senior boy and girl athlete with the highest academic grade point average. In the event of a tie, the award will be given to the athlete who has played the most seasons.
 - **Athlete-of-the-Year Award** -- given to a senior boy and girl athlete. Higher consideration should be given to those who participated in two sports and even more consideration for the athlete who played in all three sports seasons. Higher consideration should also be given to athletes who are all-conference or all-state in one or more sports. Cheerleaders will also be considered for the female Athlete of the Year. The Athlete of the Year must not have been placed on academic or behavioral probation at any point during the year, and must be a Christian example both on and off the field.
 - **Senior Awards** -- given to each graduating senior who has been a Varsity athlete, manager, statistician, or scorekeeper during their senior year.

XI. MISCELLANEOUS

- A. Cleats are not to be worn on the gym floor at any time. Any athlete having practice in the gym may not be allowed to wear the shoes that they wore as they entered the gym. They must have another clean pair for practices and games.
- B. On days when school is in session, athletes may drive their vehicles to the athletic fields for practices and games provided that they use Pierce Drive. Athletes are not to drive to the gym to change clothes and then drive to fields. Athletes should change clothes first then move vehicles to fields. Athletes who park in the Junior parking lot (back) may move their vehicles to the Senior parking lot (front) but only **after 3:30 pm**.
- C. Athletes must follow the WCA Student Handbook regarding regulations for traffic procedures around campus.
- D. Students are **not** allowed to drive between the gym and the elementary building or to drive behind the gym down by the shop as a "short cut" to the fields.
- E. The athletic director, principal, and administration will decide any questions or issues not discussed in this handbook.

XII. WEIGHT ROOM POLICIES

- A. At least one WCA staff member must be present in the weight room when it is open.
- B. WCA staff members, students, and alumni (in good standing) are allowed to use the weight room.
- C. Only 2nd semester 8th grade WCA students or older are allowed to lift weights.
- D. Wear appropriate athletic clothing.
- E. Closed-toe shoes must be worn at all times.
- F. Always warm up and stretch before lifting.
- G. Do not try a lift until you know the correct technique, and have practiced it with light weights and have a spotter.
- H. Load and unload free weights evenly and carefully.
- I. Check all collars and clips before lifting and make sure they are secure.
- J. A spotter must be used on all free lifting stations (example- bench press, incline press, and squats).
- K. Allow sufficient space to safely perform the lift.

- L. Clean off all bars when done lifting and put the weights back on the appropriate rack when done.
- M. Do not attempt a 1 rep max without permission from the instructor.
- N. Wipe down benches after working out.
- O. Report any injury to the supervisor immediately.
- P. Absolutely no horseplay in the weight room.
- Q. No food or drink, except water, allowed in the weight room.

A WORD TO OUR PARENTS -- *How to Best Help Your Athlete*

The best way to help your athlete is to provide encouragement and to be positive, both at home and in the stands. If there's a problem, have your child talk to his/her coach. If the problem is not resolved or if it is of a serious nature, then contact the coach yourself. If no solution can be reached at that point, then contact the athletic director to set up a meeting with all parties involved.

Know that you are the most important person in your child's life, and that he/she wants you to be proud of him/her. Be in the stands, rain or shine, and cheer.

NCISAA MISSION STATEMENT

The NCISAA exists to encourage interscholastic competition among North Carolina independent schools that are committed to integrity, sportsmanship, and fair play.

NCISAA CORE VALUES

- We believe that the head of school is always ultimately responsible for the students and coaches representing a school. Therefore, the head must be willing to hold all school representatives to the highest standards of behavior.
- We believe that interaction through statewide athletic activities is a character and community building experience.
- We believe that, because time and money are scarce resources, interruption of academic schedules, travel time and expense should be minimized.
- We believe that athletes should respect officials and accept their decisions, and we believe that coaches should show restraint and respect when dealing with officials.
- We believe that financial aid in any form in return for athletic participation is wrong.
- We believe that the main goal of conference and classification assignments is to provide equitable competition based on variations in school enrollments.
- We believe that schools must provide safe and adequate facilities for participants, spectators, and officials; the best possible officials for the events; and adequate control of spectators, players, and pre and post-game activities.
- We believe that coaches should instill in their players a love of the game.
- We believe that our governing body of school heads will fairly represent each conference in the state.
- We believe that schools should educate their supporters to cheer for their own teams and never to denigrate the performance of opponents or officials. We believe that schools must not tolerate a spectator - adult or student - whose behavior is disrespectful toward players, officials, coaches or other spectators.

As a non-profit organization, the NCISAA operates with the belief that the basic integrity of each member school is the most vital part of the organization.

NCISAA SPORTSMANSHIP CODE

The NCISAA recognizes that independent school interscholastic athletic events must be conducted in such a manner that good sportsmanship prevails at all times. It is necessary that administrators and coaches be individually and collectively responsible for taking every possible step to promote good sportsmanship at every interscholastic event. These steps must include the provision of safe and adequate facilities for participants, spectators, and officials; the best possible officials for the events; and adequate control of spectators, players, and pre-game and post-game activities. Every effort must be made to promote a climate of wholesome competition. While the NCISAA governs varsity play, middle school and JV teams are expected to honor NCISAA rules of sportsmanship.

In the spirit of best practices in sportsmanship, the NCISAA endorses the following initiatives. Failure to comply with any NCISAA rules or regulations may result in players, coaches, or schools

- a) forfeiting an event,
- b) losing state tournament privilege,
- c) being fined by the NCISAA Executive Director as defined by the NCISAA bylaws, and
- d) being suspended or expelled from the NCISAA.